



Going
to
First
Reconciliation



Step 1 –
Greet Father by saying
“Hello Father.” 😊



Monsignor Rich



Father JM



Step 2 –

Make the sign of the Cross and say,
“Bless me Father,
for I have sinned, this
is my first confession.”





Step 3 –

Tell Father your sins,
and when you are
finished, say “For these
and all my sins, I am
sorry.”



Step 4 –

When you are finished, Father will tell you what your penance is. Usually this will be a prayer to say quietly back in the pew, or something similar.



Step 5 –

Father will then grant you absolution, which means God has forgiven your sins.



Step 6 –

When you go back to your pew, you can say the prayers Father told you to say if that is part of your penance, and you can also say a prayer thanking God for His love and His mercy.





Act of Contrition

My God, I am sorry for my sins
with all my heart.

In choosing to do wrong and
failing to do good,

I have sinned against you
whom I should love above all things.

I firmly intend,
with your help, to do penance,
to sin no more, and
to avoid whatever leads me to sin.

Amen.

The Lord's Prayer



Our Father, Who art in heaven,
hallowed be Thy name; Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Amen.